



Head, Shoulders, Knees & Toes

Massage Hacks for Bodyworkers

Presented By: Sarah Griffith, Doctor of Chiropractic

Date: Saturday 07/24/2021

9am-6pm (1 hour break for lunch)

Cost: \$150

Location: Loving Hands Institute of Healing Arts, Arcata, CA

Call the school at 707-630-3407 to register

Join Dr. Sarah Griffith for a fun-filled look at working smarter rather than harder.

Areas of interest include:

Do You Know Your Way Around the TMJ?

It's Time to Let Go

That Pesky Pelvis

Breathing is a Good Thing

My Aching Neck!

...and more